



Connect to Greatness, Inc. News & Updates

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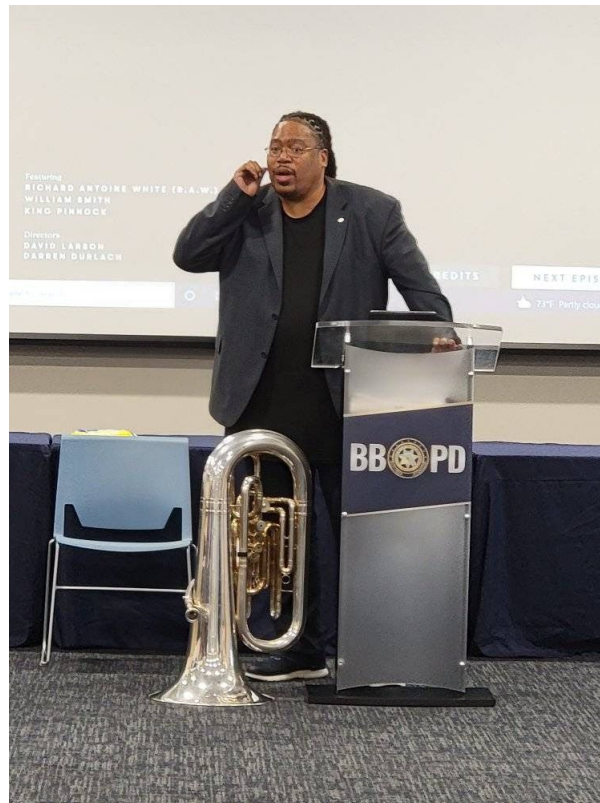
Health to Greatness-Yoga with Michael!



As the *Health to Greatness* Initiative sponsored by Quantum Foundation is underway, Mr. Michael lead the mothers, boys, and coaches of Connect to Greatness through a kinetic yoga series to share the importance of making time daily to move our bodies. Most importantly, to work on our physical and mental well-being and to make it a daily priority. Mr. Michael left us with a few words of encouragement, "Taking responsibility for your own actions,

only then will you be able to handle the situation at hand." Thank you, Mr. Michael!

Celebrating Black Brilliance: Dr. Antoine White



Connect to Greatness celebrated an evening of black excellence with Dr. Richard Antoine White, the first African American to earn a doctorate in tuba performance. Thank you Boynton Beach Police Department and Temple Beth El for bringing a resilient human being who was transparent and open to sharing his story with us. Dr. White imparted a few nuggets: "Be gangster about annihilating your roadblocks." "Let nothing or no one stand in the way of your Greatness." Everyone left inspired by something, if not everything, he said. Thank you, Mr. White!

Loxahatchee Outdoors Adventure



The boys of Connect to Greatness are experiencing new things. Stepping outside the box of what one might say is a typical experience for our boys. Thanks to Spady CDLA, our boys participated in canoeing at the Loxahatchee Wildlife Reserve.

Thank you for your support!



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